

CENTRAL OHIO BOYS YOUTH LACROSSE INTERLEAGUE RULE MODIFICATIONS

1 GAMES SHALL CONSIST OF 4 QUARTERS, 8 MINUTES IN LENGTH, NON-RUNNING [STOP TIME] CLOCK.

2 TEAMS ARE COMPOSED OF PLAYERS IN THE SECOND THROUGH SIXTH GRADES. PLAYERS IN THE SECOND AND THIRD GRADES SHALL PLAY IN THE YOUNGER DIVISION AND PLAYERS IN THE FIFTH AND SIXTH GRADE SHALL PLAY IN THE OLDER DIVISION. PLAYERS IN THE FOURTH GRADE SHALL PLAY IN THE YOUNGER DIVISION BUT ARE PERMITTED TO PLAY IN THE OLDER BOYS DIVISION IF APPROPRIATE BASED UPON SIZE AND SKILL DEVELOPMENT.

3 EACH PROGRAM SHALL FORM TEAMS IN A MANNER THAT RESULTS IN EACH TEAM BEING OF RELATIVELY EQUAL STRENGTH.

4 OLDER DIVISION GAMES SHALL BE STAFFED BY TWO OFFICIALS, AT LEAST ONE AND PREFERABLY BOTH BEING CERTIFIED. YOUNGER DIVISION GAMES SHALL BE STAFFED BY TWO OFFICIALS PREFERABLY AT LEAST ONE BEING CERTIFIED. NEITHER OFFICIAL WILL BE A PARENT OF A PLAYER IN THE GAME. EXPERIENCED HIGH SCHOOL STUDENT OFFICIALS, WHERE USED, SHALL BE INSTRUCTED TO STRICTLY ENFORCE PENALTIES AND THE RULES REGARDING CONTACT SO THAT PLAY PROCEEDS WITHOUT UNNECESSARY ROUGHNESS. A COPY OF THESE MODIFICATIONS SHALL BE PROVIDED TO OFFICIALS BY THE HOME TEAM.. SCHEDULING AND PAYMENT OF OFFICIALS IS THE RESPONSIBILITY OF THE HOME TEAM.

5 SCORING SHALL BE KEPT ON THE FIELD IN THE OLDER DIVISION. OFFICIAL SCORE SHALL NOT BE KEPT IN THE YOUNGER DIVISION.

6 ALL YOUNGER DIVISION GAMES WILL BE PLAYED WITH A ONE PASS RULE. A PASS MUST BE ACCOMPLISHED BY AN ATTACKING TEAM BEFORE A SHOT ON GOAL IS TAKEN. A PASS REQUIRES A BALL TO BE THROWN BY ONE PLAYER AND CAUGHT BY ANOTHER. DUMPING OR HANDING OFF THE BALL BETWEEN STICKS IS NOT A PASS. THE PASS CAN BE THROWN FROM ANYWHERE, BUT MUST BE CAUGHT ON THE GOAL SIDE OF THE RESTRAINING LINE. IF THE BALL LEAVES THE ATTACK ZONE IN THE DEFENDING TEAM'S POSSESSION OR IF THE DEFENDING TEAM GAINS POSSESSION OUTSIDE THE ATTACK ZONE, SHOULD THE ATTACKING TEAM REGAIN POSSESSION, ANOTHER PASS MUST BE ACCOMPLISHED BEFORE A SHOT ON GOAL.

7 BODY CHECKING IS NOT PERMITTED IN THE YOUNGER BOYS DIVISION WITH THE LIMITED EXCEPTION OF GROUND BALLS. PLAYERS MAY MAKE CONTACT SO LONG AS THE OBJECTIVE IS TO PUSH THE OPPONENT AWAY FROM THE BALL. NO GREATER FORCE SHALL BE USED THAN NECESSARY TO PUSH THE OPPONENT AWAY FROM THE BALL. IF A CHECK OR SUBSEQUENT PUSHING KNOCKS THE OPPONENT DOWN, PLAY SHALL BE STOPPED AND THE BALL AWARDED TO THE TEAM OF THE DOWNED PLAYER.

8 BODY CHECKING IS PERMITTED IN THE OLDER BOYS DIVISION IF THE OPPONENT HAS THE BALL OR IS WITHIN 5 YARDS OF A LOOSE BALL, BUT ONLY IN THE FORM OF A ONE STEP CHECK. A "ONE STEP CHECK" IS DEFINED AS ONE THAT IS MADE WITH A SINGLE STEP AND CONTACT TO THE FRONT OR SIDE OF THE OPPOSING PLAYER, ABOVE THE WAIST AND BELOW THE SHOULDERS. TAKE OUT CHECKS, MADE WITH A RUNNING START OR WHERE THE PLAYER LOWERS HIS HEAD, SHOULDER OR BOTH, DEMONSTRATING AN INTENT BEYOND GAINING ACCESS TO THE BALL OR ASSISTING A TEAM MATE IN GAINING ACCESS, ARE NOT PERMITTED. BOTH HANDS MUST BE ON THE STICK AND TOGETHER WHEN MAKING A CHECK. WRAP AND OVER THE HEAD CHECKS ARE NOT PERMITTED.

9 A FOUR SECOND TIME LIMIT WILL BE ENFORCED ON GOALIES CLEARING THE BALL FROM THE CREASE. THERE WILL BE NO TIME LIMIT FOR MOVING THE BALL TO THE OFFENSIVE ZONE [NO 10 SECOND COUNT].

10 AN EIGHT POINT "MERCY RULE" SHALL BE IN EFFECT. IF A TEAM IS AHEAD BY 8 OR MORE POINTS THE BALL WILL BE AWARDED TO THE TEAM THAT IS BEHIND AT THE MIDFIELD LINE, THERE WILL BE NO FACE OFF.

11 IN THE OLDER DIVISION, IN THE EVENT OF A TIE, TWO FOUR MINUTE OVERTIME PERIODS SHALL BE PLAYED WITH THE WINNER DETERMINED IN A SUDDEN VICTORY FORMAT. IF NO WINNER RESULTS, THE GAME WILL BE DECLARED A TIE.

12 UNLESS WAIVED BY THE TEAMS, LONG STICKS SHALL ONLY BE USED BY DEFENDERS WHERE THE PROGRAMS OF BOTH TEAMS ALLOW THEM, OTHERWISE, ONLY SHORT STICKS SHALL BE USED. SHORT STICKS ONLY WILL BE USED IN THE YOUNGER BOYS GAMES.

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